

The Villages®

Community Development Districts

Recreation & Parks

La Hacienda Sports Pool



Fall/Winter 2019 (October 1, 2019 - March 31, 2020)

	7-7:50a	8-8:50a	9-9:50a	10-10:50a	11-11:50a	12-12:50p	1-1:50p	2-2:50p	3-3:50p	4-4:50p	5-Dusk
Monday	Combo Swim	Women's Water Exercise	Pink Saints	Water Buffalos (Men)	Coed Water Aerobics	Open Exercise/Walk	Water Volleyball Org Intermediate		Combo Swim	Combo Swim	Lap Swim
Tuesday	Combo Swim	Combo Swim	Water Aerobics (Coed)	Women's Water Aerobics	Ladies Water Exercise	Range & Motion (Coed)	Aqua Rhythms		Water Volleyball Org Intermediate		Combo Swim
Wednesday	Combo Swim	Women's Water Exercise	Pink Saints	Water Buffalos (Men)	Coed Water Aerobics	Open Exercise/Walk	Water Volleyball Org Intermediate		Combo Swim	Water Exercise	Water Volleyball Org Intermediate
Thursday	Combo Swim	Combo Swim	Water Aerobics (Coed)	Women's Water Aerobics	Ladies Water Exercise	Range & Motion (Coed)	Aqua Rhythms		Water Volleyball Org Intermediate		Combo Swim
Friday	Combo Swim	Women's Water Exercise	Pink Saints	Water Buffalos (Men)	Coed Water Aerobics	Open Exercise/Walk	Water Volleyball Org Intermediate		Combo Swim	Water Exercise	Water Volleyball Org Intermediate
Saturday	Combo Swim	Combo Swim	Water Aerobics (Coed)	Women's Water Aerobics	Ladies Water Exercise	Range & Motion (Coed)	Combo Swim	Combo Swim	Water Volleyball Org Intermediate		Combo Swim
Sunday	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Lap Swim	Lap Swim	Water Volleyball Org Basic		Combo Swim

Phone: 753-1716 See Page 3 for sports pool guidelines. All activities start on the hour and end 10 minutes before the next hour. Pool hour and activities subject to last-minute changes. Changes will be posted at the pool and recreation center. All Water Volleyball activities are Co-ed unless otherwise noted. A lifestyle ambassador and/or staff member will help to form a line, outside the pool area, prior to the activity start time. The location of the line may vary from center to center. Requests for additional programming will be accepted in February 2020 for the spring/summer session (April 1 - September 30, 2020). All sports pool are for residents only age 30 & older - please

Manager at your nearest regional recreation center.

****Sign-up required, for information visit www.villagesvolleyball.com**